



Highlands School Newsletter

28 November 2025



Dear parents and carers,

The festive season kicked off today with the school Christmas tree being decorated and the first three inter house Christmas quizzes taking place. The quizzes were won by Beech in year 11, Rowan in year 12 and Rowan again in year 13, next week years 7-10 will take part in their quizzes.

On Thursday evening this week I attended the fourth annual 'Write2Speak' event at school. This year the theme was "Standing Firm in Power and Pride." The quality of the spoken word pieces was enormously impressive and I would also like to thank Raphael Asoegwu for playing us in and out of the event on the piano. Ms Maple and Ms Hurford put the whole event together along with Yossi and Tyler from Write2Speak, and our wonderful HPFA provided refreshments. Thanks to all for making the event such a success.

Have a great weekend,

Mr McInerney, Headteacher.

Key dates for this half term:

- Tuesday 9th December: Christmas dinner and Christmas jumper day
- Wednesday 10th December: year 9 parents' evening
- Thursday 11th December: Winter Music Concert
- Friday 19th December: end of term (half day)



The HPFA Winter Raffle is coming soon

Our much-loved HPFA Winter Raffle is back! This year's prizes are bigger and better than ever, with a Samsung Full HD 40" TV (T5300) as the top prize. You'll also find free personal training sessions, beauty treatment vouchers, LEGO sets, games, craft sets, and plenty more still to come. [Here](#) is the link to buy your raffle tickets. Good luck!

Tickets are £2 each, and the winning tickets will be drawn on **16th December**.

We're also appealing for prize donations of gifts or services from our wonderful community to support our HPFA fundraising efforts. If you or your business can contribute - whether it's a voucher, experience, or product - we'd love to hear from you. Your generosity helps us raise vital funds and makes this event a highlight of the Highlands calendar!

The poster features a festive design with a green top border decorated with gold stars and a red poinsettia. The main title 'HIGHLANDS WINTER RAFFLE' is in large red letters. Below it, a list of prizes is provided: 'A month of group personal training, beauty treatment vouchers, a boxing lesson, McMullens gift vouchers, LEGO hampers and sets, an art and craft bundle, escape-room game, children's creative kits, a pouring art set, a build-your-own volcano kit with chocolate, Star Wars items, Christmas gift sets, wine, and many more fantastic prizes!'. The drawing date is 'TUESDAY 16TH DECEMBER' and the website is 'www.galabid.com/hpfawinterraffle2025'. A QR code is labeled 'SCAN TO PURCHASE YOUR TICKETS'. A red prize box at the bottom right says '1ST PRIZE Samsung HD TV'. A curved banner above the box reads 'GREAT PRIZES TO BE WON'. The bottom of the poster shows wrapped gifts and a green apple logo.

It's beginning to look a lot like Christmas!

The Highlands Christmas tree is now up, bringing a warm festive glow to the school.

A big thank you to our wonderful admin team for decorating it so beautifully - it's truly starting to look a lot like Christmas.





High Achievers Evening 2025

Highlands School proudly hosted the annual High Achievers Evening on Thursday 20th November, organised by Enfield Council, to celebrate students with exceptional GCSE results.

The event was attended by families, school staff, and education representatives, including the Mayor of Enfield, Councillor Margaret Greer, who presented certificates to high-achieving students. Special STEM awards were presented by Linda Van Keimpema from Imperial College London.

The evening featured inspiring talks from alumni: Rishan Patel, a UCL researcher developing Brain-Computer Interfaces to help people with severe movement conditions, and Tia El-Ahmadi, a Highlands alumna and BlackRock Apprentice, nationally recognised for her achievements and for inspiring young people across the UK.

Head students Elena and Luke expertly compered the ceremony. Students also attended workshops delivered by university ambassadors from Cambridge, Oxford, QMUL, Imperial College London and the University of Law, while parents participated in a panel Q&A chaired by Mr McInerney.

The evening concluded with a Careers and Progression Market, giving students and families the opportunity to meet representatives from universities and employers, including Warburtons, Brownes, and Morgan Sindall, to explore higher education and career pathways.

A huge thank you to Theresa Watts for allowing us to host the event, Chartwells for the catering, the site staff team, university ambassadors and all attending employers for helping make the evening such a success. High Achievers Evening remains a highlight of the school calendar, celebrating talent, ambition, and achievement across Enfield.

Mrs Laurenzi





Standing Firm in Power and Pride event

As part of our Black History Month celebrations, students have been working with Write2Speak, a professional poetry and spoken-word company, to explore this year's theme: "Standing Firm in Power and Pride."

Over the past several weeks, our young poets have developed their own original pieces, drawing inspiration from Black voices, history, resilience, and identity.

With the guidance of Write2Speak facilitators, they have crafted powerful spoken-word performances that reflect their experiences, creativity, and vision.

Our students took the stage alongside Write2Speak for a relaxed, uplifting, and inspiring evening of poetry and performance. This showcase celebrated not only their talent, but also the pride, strength, and community at the heart of Black History Month.

Have a look through our [special programme](#) to read the inspirational and heartfelt poetry delivered by our speakers.

Well done to all of our performers - they were just amazing. Congratulations to Anaiya Dhaliwal, Aston Lyle, Betsy Coneywood, Blake Cunningham, Chizzy Oguchienti, Dylan Olaogun, Filip Zinga, Idris Osman, Maya Muller, Micah Codrington, Morayo Olaogun, Neriah Muhelele, Nevaeh Watson Wright, Niamh Synnott, Noah Chavda, Raphael Asoegwu, Reuben Maple, Rosie-Mae Lyle, Sienna Brown and Tristan Lewis.

The event raised just under £300, thank you to everyone who attended and for their contributions.





Sixth form inter house football

The sixth form inter house football competition took place this week and Oak were yet again victorious for the boys after beating Beech 1-0 in the final.

In the girls' final, it was Rowan who took home the trophy after thrashing Beech 5-0 in the final. Well done to all of the players who took part.



Boys: 1st: Oak, 2nd: Beech, 3rd: Willow and 4th: Rowan



Girls: 1st: Rowan, 2nd: Beech, 3rd: Oak and 4th: Willow



Rowan Turkish Cuisine Day

Rowan had a busy and brilliant week, kicking off with a Turkish Cuisine Day featuring beef meatballs in tomato sauce with rice and pitta, and a vegetarian option of spiced sweet potato and chickpea roast with vegetables.



Rowan bake sale

Rowan hosted the first house bake sale of the year, showcasing a range of beautiful homemade desserts and raised £186.80 for their chosen charity, Great Ormond Street Hospital. Thank you to everyone who donated or baked treats.





Upcoming house events

Inter house football

- **Year 9:** Monday 1st December (1:40pm - 2:10pm)

Bake sale

- **Beech** bake sale: Wednesday 3rd December

House quizzes

- **Year 7 -10:** Week commencing 1st December

Inter house choir

- **Beech:** Monday 1st December - period 3
- **Rowan:** Tuesday 2nd December - period 1
- **Oak:** Wednesday 3rd December - period 1
- **Willow:** Thursday 4th December - period 1

Year 8 boys football

Full time result: Edmonton County 5-6 Highlands

On Monday 24th November, the year 8 boys football team travelled to Edmonton County for their final game of the season. A strong start to the match saw some early goals which gave Highlands a 5-1 lead at half time. After a nervous second half, the boys held onto their lead and won 6-5.

Goalscorers: Paul, Nicholas, Alex, Jaden, Ledion and Thailan.

Player of the match: Paul Lambrou.

Overall, the team finished second in their league, narrowly missing out on top spot which is an amazing achievement. Well done to all of you who have played for the team this season.



Player of the match: Paul Lambrou

Mr Avann



Year 10 boys football

On Thursday 27th November, the year 10 boys' football team traveled to Aylward for a league match. A quick start saw Highlands take the lead and they continued to score as the game progressed despite some good football from Aylward. The final score was Highlands 4-1 Aylward, with Jackson scoring twice. Player of the match: Jackson Benbow. We wish Alfie a speedy recovery from his injury.



PE clubs: starting 1st December

Monday	Tuesday	Thursday	Friday
Boys Football Years 7-9 Mr Avann/ Mr Edwards Astroturf 3:15 - 4:30	GCSE PE intervention (Week B) 11R/Pg Mrs Hutchinson/Mr Edwards Sports Hall 3:15 - 4:15	GCSE PE intervention (Week B) 11S/Pg Mr Avann Sports Hall 3:15 - 4:15	GCSE Badminton Club 11R, 11S, 10P (2nd year) Mrs Hutchinson Sportshall 3.15 - 4.30
Netball Years 7-9 Ms Berrill/ Mrs Walters Sportshall 3:15 - 4:30			

How to join a PE club

- Simply show up after school at the PE changing rooms at 3:15pm after period 5.
- You must wear your Highlands PE kit and trainers to take part.
- You must wear your school uniform to school and get changed after school in the changing rooms (unless you have a practical PE lesson on the day of your club).
- Bring any medical devices e.g., asthma pump with you.
- All clubs are for all students in the year groups stated. Year groups and clubs will change each half term.
- Inform your parents/carers that you are attending a club and your finishing time at school will be later (4:30pm).
- If a club is cancelled then an email will be sent home to inform parents.



Year 10 netball

After a couple of early season losses the year 10 netball team bounced back to beat Edmonton County on Monday afternoon. The game was extremely close the whole way with the score at 3-3 at the end of the third quarter. We managed to get our noses in front in the last quarter and hang on for a 5-4 win. Well done girls!



Year 7/8 girls football

The year 7 & 8 girls' football team played The Channing School on Wednesday in the last 16 of the Middlesex Cup. We knew this would be a tough game as Channing had been finalists last year. The girls worked hard in the first half but found themselves 2-0 down at half time. Channing then scored an early third goal in the second half but the team kept battling and two quick goals from Nicole and Poppy got us back in the game at 3-2. Unfortunately Channing scored a fourth goal and despite all our efforts we couldn't find the goals we needed before the final whistle.

It was a valiant effort by the whole team, well done girls.

Mrs Walters





Rhythmic gymnastics success!

Skyler Weafer, now in her seventh year of rhythmic gymnastics and fourth year of competing, opened the new season with an impressive performance at the London Championships on Sunday 23rd November. Taking on ball and clubs - with clubs being a brand-new apparatus for her - she secured 3rd place in both routines and achieved a personal best overall score with ball.

A strong start to the season, with her next competition set for 12th December, good luck Skyler!



Highlands Winter Concert

Our Winter Concert will be taking place on **Thursday 11th December at 6:00pm.**

Tickets to the event can be purchased on ParentPay, we hope to see you all there.





Headteacher's Award

It is with immense pride and joy that we celebrate the exceptional achievements of our students as we honour the recipients of this week's prestigious headteacher award, an award that is presented to nominated students who exemplify dedication, hard work and excellence.

This week, the Headteacher's Award is proudly presented to the following students.

- **Marianna Pallikaros 10WMP, Annika Trivedi 10WNK, Moraya Olaogun 10ORF, Emily Newton 10RAB, Marcus Marfici 10WMP, Samuel Malaj 10ORF, Mehmet Hassan 10ORF and Christian Demetriou 10BBK:** Awarded for their participation in the school's great debate.
- **Ermes Desimine 7OFD, Ruben Woolley 7RNC, Victoria Terziyska 7RNC, Ibrahim Gokpinar 7RNC, Athina Bogkntani 7RNC, Dylan Ebberson 7RNC, Hermione Smith 7RNC, Matthew Morawski 7RNC, Tess Rowswell 7RNC, Paxton Wright 7WTH, Dilara Mehmet 7WTH, Darina Abdulkadhim 7WTH, Lilly Anisko 7WTH, Maria Elbashir 7WTH, Demmi Colthrust 7WTH, Rosie-Mae Lyle 7WTH, Harrison Liu 7WTH, Emir Bolat 7WTH, Frankie Furmaniak 7WTH, Dom Wodzynski 7WTH, Dila Kartal 7WTH, Nya Akhtar 7BNI, Emily Snellings 7BNI, Sanai Edgehill 7BNI, Michaela Tsiamas 7BNI, Oliver Tolram 7BNI, Almira Aydemir 7BNI and Charlie Shi 7BNI:** Awarded for making beautiful colour-wheel cakes for art, which were donated in the Hurricane Melissa bake sale.





Scholastic Book Fair - 28th November - 3rd December

The book fair is now at Highlands School, it will run during break time, lunchtime and after school until **4pm**.

You have two ways to purchase Scholastic books from the wish list:

To pay for wish list books online

- Click on the TEEN section [books](#) online.
- Fill in this [form](#) making sure you write the name of the book clearly, the age group of the book and the price.
- Pay via the [online](#) form. *Type in N21 1QQ and this will find Highlands Secondary School.*
- Once payment is made return the paid wish list form to the librarian for order completion and final collections. *(You must List the names of the books you have purchased so that the Librarian knows which books you have paid for).*

In house ordering

- On a sealed envelope place your child's name and form (e.g. Sarah Michaels 7RTS), ensure the exact cash amounts for the books being purchased in house is correct, as change will not be given.
- Click on the TEEN section [books](#) online, referencing book titles and pricing - write the name of the book clearly and the age group of the book.
- Forms can also be collected from the Library and brought home. All forms must be submitted to the librarian no later than **3rd December, by 11.15am**.
- Cash and forms for book purchases must be submitted together to ensure that items from the Wish List arrive in a timely manner, if they are needing to be ordered.

Collection information

Books for the Scholastic Book Fair will be displayed on the trollies for students to take home, alternatively it will be ordered if items are sold out. If that is the case, students/ parents will be notified of any possible delays, and informed when items arrive.

Highlands library





Highlands book of the month - December

Recommended read for KS3

Snowglobe by Soyoung park

WHEN YOU'RE INSIDE, THE WHOLE WORLD IS WATCHING . . .

Raised in a climate-ravaged, frozen world, every day is a struggle for survival for Chobahm. Her only solace comes in the form of twenty-four-hour reality television shows, streamed directly from Snowglobe - the climate-controlled domed city at the heart of her world, and the only warm place left on the planet. The citizens of Snowglobe have everything: fame, fortune and, above all, safety from the frigid wasteland outside their walls. In exchange, their lives are broadcast to the less fortunate of their world, who watch eagerly, hoping for the chance to one day become an actor themselves and join their ranks.

Chobahm is one of the dreamers. But her life changes in an instant when she is visited by two strangers from Snowglobe, who deliver earth-shattering news: Goh Haeri, Snowglobe's biggest star has died - and because of Chobahm's striking resemblance to her, she's been chosen to take her place. Given the chance of a lifetime, Chobahm agrees to enter Snowglobe and take on Haeri's identity. Within the domed city's walls, she will finally have the existence she's always dreamed of - but if life in Snowglobe is so great, why did Haeri seem so desperate to escape it? And when everyone around you is a performer, how can you ever know what is reality, and what is created for the audience.

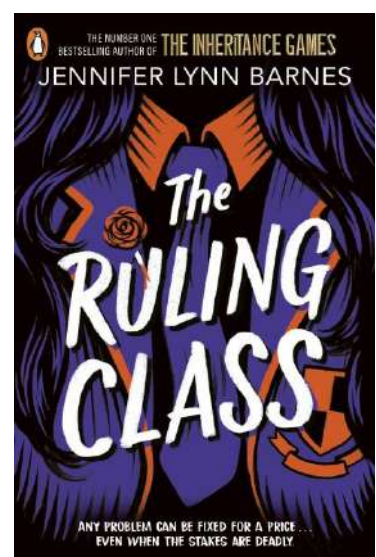


Recommended read for KS4

The Ruling Class by Jennifer Lynn Barnes

When Tess Kendrick is sent to stay with her older sister in Washington D.C., she has no idea that Ivy is the capitol's go-to 'fixer,' a person who can make powerful people's scandals disappear with a click of her fingers.

Tess never thought she and Ivy had much in common, but when she enrolls at the exclusive Hardwicke School, she soon finds herself thrust into the role of high school fixer, solving problems for the children of the D.C. elite. But secrets pile up as each sister lives a double life, and their worlds come crashing together when a scandal from the halls of Hardwicke reaches Capitol Hill. As the stakes turn deadly, Tess must uncover who's behind the power play before she becomes a target herself.





School announcements

Lost property

Please click [here](#) for a list of lost property received since the start of term. If your child has lost anything listed, or any other item, please ask them to check with the school office, as things arrive daily. All items being claimed will need to be identified by the student. Please can we also remind parents/carers to label all uniform and belongings so we can get items back to students as quickly as possible.

Notifying the school of student appointments

If your child has an appointment scheduled during school hours, please ensure you notify us promptly by emailing postbox@highlearn.uk or by phoning us on the day of the appointment.

Your notification must include the date of the appointment and the exact time the student needs to leave school. Where possible, please also attach or provide proof of the appointment to the email.

To ensure your child is released smoothly from their lesson, please write a clear note on the appropriate day of your child's student planner, indicating the time they need to leave class. Students must show this planner note to their teacher to be excused from the lesson. They will then proceed to the school reception to officially sign out before being released to meet you at your pre-arranged location. Many thanks for your cooperation with this.

School lettings

We're excited to announce that a new lettings company, **School Hire and Functions Ltd**, is now managing all our venue bookings - including the astro, courts, field, main hall, and various rooms within the school. They've already received a high volume of bookings for the next three months, so be sure to get in touch soon if you're interested. We will also be installing floodlights on the astro during half term.

For all booking enquiries, please contact **Jo Bukin, Director**, at **07855 042027** or email:

school.hire@yahoo.co.uk. You can also find more details at www.school-hire.com

Highlands School
148 Worlds End Lane, London, N21 1QQ

Modern and spacious facilities to hire for community events, sports groups, dance and drama classes, language school, tutoring services...and more!

4G Astro pitch
Drama studios
Sports hall

Mirrored dance studio
Classrooms
Outside spaces

CONTACT TODAY
07855042027



EMS music lessons

We are pleased to inform you that music lesson bookings for spring term 2026 are now open. Parents can renew existing lessons or book new ones through the Enfield Music Service Music Store.

Booking deadline:

- Visit the Music Store [here](#).
- Booking deadline: **Monday 1st December**.

For families whose children already receive lessons:

- If your child currently receives funded music lessons (free school meals, pupil premium, looked-after children or adopted), any funding forms already submitted for autumn 2025 will remain valid for spring and summer 2026.
- You do not need to resubmit unless your circumstances have changed.

For parents/carers wishing to start music lessons in spring 2026:

If your child is new to music lessons, you are warmly encouraged to apply for spring term sessions.

For families applying for funded lessons (free school meals, pupil premium):

- Please email me at mapled@highlearn.uk the full name of your child and the instrument they would like to play. Please note that the school only pays for 20 minute group lessons.
- Once done, this will allow you to receive the correct discount code before booking.

For looked-after children and adopted pupils:

- Please email mapled@highlearn.uk the full name of your child and the instrument they would like to play. Please note that the school only pays for 20 minute group lessons.
- Previously submitted forms remain valid unless we notify you otherwise.

Additional Information:

- Lessons will begin week commencing 12th January 2026.
- The spring term will include nine lessons.
- A summary of the lesson charges for the 2025–26 academic year is available on the EMS website.

If you need any support with the process or have any questions, please contact Enfield Music Service directly at: enfieldmusicservice@enfield.gov.uk

Thank you for your continued support and for encouraging musical opportunities for our students.

Ms D Maple



Uniform4kids and Smiths Schoolwear - Black Friday offer

The Black Friday promotion will be available for one day only, online, on **Friday 28th November 2025**.

- A 20% discount will apply to all products, including schoolwear, sportswear, footwear, and accessories.
- This offer is exclusively available online at www.uniform4kids.com.
- Please enter the discount code **BLACKFRIDAY20** at checkout.
- A discount cannot be applied retrospectively to an order already placed.
- Exchanges are not available for Black Friday purchases, however, items can be refunded within our standard 60 day returns period.
- Click & collect and delivery to school services will not be available during this event. All orders will be sent via courier.
- Please allow up to one week for processing.

UNIFORM4KIDS.COM

BLACK FRIDAY
sale

FRIDAY 28TH NOVEMBER 2025
ONLINE ONLY
VALID FOR 24 HOURS
HOME DELIVERY ONLY
USE CODE BLACKFRIDAY20
AT CHECKOUT

-20% OFF

Ts & Cs apply
A discount cannot be added to an order already placed.
Exchanges are not available for Black Friday purchases.
However, items can be refunded within our standard 60 day returns period.

Smiths
schoolwear

Black Friday

BLACK FRIDAY | BLACK FRIDAY | BLACK FRIDAY | BLACK FRIDAY | BLACK FRIDAY

28TH NOVEMBER
ONLINE & INSTORE

USE CODE: BLACKFRIDAY
20% OFF

*Terms and Conditions Apply: percentage off purchases with a minimum spend of £20.00 required. Discount valid from 00:01 (GMT) Friday 28th November 2025 until 23:59 (GMT) online at www.smithsschoolwear.co.uk and in-store at Enfield, Potters Bar and Cockfosters locations. Pre-Loved items exempt from discount. Valid on in-stock items only.

WWW.SMITHSSCHOOLWEAR.CO.UK

HAF Enfield Winter 2025

22nd, 23rd, 29th, 30th & 31st December

FREE* places available on Enfield's Holiday Activities and Food (HAF) programme this winter.

Ages Reception to Year 11

For more information visit www.enfield.gov.uk/HAF
*Free for those in receipt of benefits related free school meals

Arts & Crafts
Get Active
Free nutritious meals
Music
Day Trips
Plus much much more!

Funded by
Department for Education

www.enfield.gov.uk/HAF

ENFIELD Council



Academic excellence - Year 13

As part of our commitment to celebrating excellence in the house competition, we introduced the academic excellence awards based on student feedback. After each year group's mid-year assessments and mock exams, we honour the top achiever in each subject with an academic excellence trophy for their house, 1,000 house points, and a certificate. Additionally, the most improved student in each subject will receive a certificate to acknowledge their hard work and progress. Congratulations to all of the winners.

Position	Student	Form	House	subject
1	Sia Loomis	13OES	Oak	Art
1	Charlie Skipp	13RHK	Rowan	
1	Muhammad Farooq	13WAD	Willow	Biology
1	Diyon Wilkinson	13WAD	Willow	
1	Rukiye Coban	13OES	Oak	Chemistry
1	Wunfai Alex Lo	13BTD	Beech	Computer science
1	Aryan Vojdani	13OES	Oak	Design technology
1	Reuben Clark	13RJB	Rowan	Economics
1	Rory White	13BTD	Beech	
1	Luke Tyrimos	13WAD	Willow	English literature
1	Isabel Paine	13OAL	Oak	Geography
1	Elena Giudice	13BAS	Beech	History
1	Elaine Ho	13WDS	Willow	Maths
1	Mea Branco	13WAD	Willow	PE
1	Maddie Snellings	13BAS	Beech	Photography
1	Shay Patel	13BAS	Beech	Physics
1	Luke Tyrimos	13WAD	Willow	Politics
1	Jaimin Shah	13RHK	Rowan	Psychology
1	Flori Macarthur	13OES	Oak	Religious studies
1	Elena Giudice	13BAS	Beech	Sociology
1	Victoria Salamanca	13WAD	Willow	Spanish



DARE Award winners - Year 13

There are many students who turn up every day, who always bring equipment, complete work to the best of their ability and generally embody the values of our school: determination, aspiration, respect and equality. The DARE rewards are a way of celebrating these students.

DARE scores are entered by a range of teachers and reflect what students do day-in, day-out so the students who are being recognised and rewarded are those who are consistently doing the right thing.

The average DARE application score for each student has allowed us to rank the students in the year group from those with the best average DARE application score to the lowest.

Congratulations to the following students, who were ranked the top students in **year 13** they will all receive a £10 voucher for their hard work - their names are listed below. The top 100 achieving students will be receiving a letter home in recognition of their achievements in the DARE values.

Student	Form group	Rank
Elsie Berko	13RJB	1
Annalise Demetriou	13WDS	1
Jasmine Desai	13OAL	1
Nathan Fisher	13OAL	1
Elena Giudice	13BAS	1
Elaine Ho	13WDS	1
Beverley Merela	13WAD	1
Sophia Tofis	13BTD	1
Luke Tyrimos	13WAD	1
Daisy Warner	13RHK	1
Carolyn Zelechowski	13RHK	1



House weekly winners

This week's winner is the house with the highest achievement points minus concern points plus the points from the inter house football and academic excellence awards. Congratulations to **Beech**.

	Beech	Oak	Rowan	Willow
Positive points	6,524	7,433	7,231	8,740
Negative points	-472	-396	-285	-366
Points overall	6,052	7,037	6,946	8,374
Sixth form boys inter house football	3,000	4,000	1,000	2,000
Sixth form girls inter house football	3,000	2,000	4,000	1,000
Year 13 Academic excellence	5,500	4,500	2,000	6,000
Total Points	17,552	17,537	13,946	17,374

Top students in year 7

Forename	Surname	Form	House	Points
Dominic	Wodzynski	7WTH	W	80
Aaron	Selcuk	7WTH	W	76
Haru	Mclune Henry	7BJC	B	74
Cassandra	Norman	7RHG	R	74
Darina	Abdulkadhim	7WTH	W	74
Lilly Ann	Anisko	7WTH	W	74
Santino	Stavrou	7WTH	W	73
Oriah Mae	Salom-Mason	7WTH	W	72
Zebulun	Howard	7WTH	W	70
Maria	Elbashir	7WTH	W	70

Top students in year 8:

Forename	Surname	Form	House	Points
Iyla	Shah	8WEL	W	66
Suryan	Mistry	8WEL	W	65
Helin	Kekec	8WEL	W	65
Orhan	Ekiz	8WEL	W	59
Jemimah	Miah	8OMK	O	57
Lilah	Zekayi	8WEL	W	57
Nieve	Pratt	8WEL	W	53
Eliz	Sekmen	8WEL	W	51

**Top students in year 9:**

Forename	Surname	Form	House	Points
Evie	Howlett	9WSW	W	56
Aaliyah	Lascelles	9WSW	W	54
Sienna	Wood	9WMT	W	52
Kayla	Hassan	9ODM	O	50
Alara	Kilic	9RGA	R	50
Hannah	Gibbons	9WSW	W	50
Israel	Nortey	9RGA	R	45
Lyla	Mughal	9WMT	W	42
Ali	Varli	9RGA	R	41
Aariah	Udahemuka	9WSW	W	39

Top students in year 10:

Forename	Surname	Form	House	Points
Natalia	Deda	10OAC	O	39
Gulay	Yuksel	10BBK	B	35
Ria	Patil	10OAC	O	34
Xhorxhia	Kuvertaris	10RCX	R	32
Chloe	Shi	10WMP	W	32
Simra	Hassan	10OAC	O	30
Mollie	Abrahams	10WNK	W	29
Alina	Siby	10BAM	B	28
Lamprini	Sotiri	10ORF	O	28
Molly	McGrath	10RCX	R	28

Top students in year 11:

Forename	Surname	Form	House	Points
Cooper	Ireland	11BLM	B	14
Claudia	Poyiadzis	11ODC	O	12
Zehra	Besler	11WJQ	W	12
Nelin	Ahmet	11BLM	B	11
Nihar	Vaidya	11BLM	B	11
Amelia	Marrison-Claffey	11BLM	B	11
Poppy	Goss	11BLM	B	11
Maximus	Taylor	11BSQ	B	11
Evren	Okanay	11OSM	O	11



Top students in year 12:

Forename	Surname	Form	House	Points
Ojiaku	Uzoukwu	12RSL	R	29
Belkisa	Cota	12BCR	B	28
Rafal	Kruczek	12ODS	O	28
Stavros	Sklinitzis	12WBS	W	28
Mason	Newton	12WBS	W	28
Ethan	Baxter	12BCR	B	26
Lily Mae	Beisty	12WBS	W	26
Aydin	Chowdhury	12OMA	O	24
Daniel	Derakhshan	12RCW	R	24
Sufyaan	Kaderia	12RCW	R	24
Haris	Rahman	12WTA	W	24

Top students in year 13:

Forename	Surname	Form	House	Points
Sophie	Gerrish	13RJB	R	20
Jack	Dicker	13WAD	W	20
Elias	Osafo	13BAS	B	16
Tiana	Martindale	13BTD	B	16
Alkeo	Xhamxhiu	13OAL	O	16
Giulio	Pappalardo	13OAL	O	16
Kimberley	George-Fraser	13OAL	O	16
Grace	Zelechowski	13RHK	R	16
Charlie	Skipp	13RHK	R	16
Joseph	Brooks	13RHK	R	16
Mea	Branco	13WAD	W	16



Enfield Parenting Programmes

At this time of year, face-to-face parenting programme intakes are closed until January 2026, but parents and caregivers can still access a wide range of online, evidence-based support.

Strengthening Families Strengthening Communities, 6-week facilitated sessions: [Registration – Strengthening Families, Strengthening Communities](#)

- **Group starting Thursday 03/12/2025, 11:30am**
- **Group starting Thursday 09/12/2025, 10am**

Stronger Relationships, reducing parental conflict for parents & other adult carers living together or apart, 6-week facilitated sessions: [Stronger Relationships registration – Strengthening Families, Strengthening Communities](#)

- **Stronger Relationships group discussions starting Wednesday 10/12/2025, 7:30pm**
- **Stronger Relationships group discussions starting Tuesday 09/12/2025, 4:15pm**
- **Stronger Relationships group discussions starting Thursday 11/12/2025, 1:00pm**

Also, a range of self-guided online resources are available FREE for ALL Enfield residents.

- Free learning on brain development, emotional wellbeing and parenting for healthier relationships - [Enfield | Togetherness - Togetherness](#)

All these and more are included in Enfield Parenting Directory at [Home - Enfield Parenting Directory](#).

Should you have any query, please email parentingprogrammes@enfield.gov.uk directly.

Online Course
Stronger Relationships
For parents and other adult carers living together or apart

SFSC
Strengthening Families
Strengthening Communities

- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?

6 online sessions | 6 group discussions | Certificate on completion

What to expect...

- Information on strategies to identify and reduce arguments.
- Hear from other parents and carers.
- Downloadable worksheets and hand-outs.
- Videos, quizzes and interactive activities.
- Do sessions at a time that works for you.
- Weekly support from our course experts.

Topics covered...

- Healthy adult relationships.
- Identifying and managing disagreements.
- Understanding how conflict affects your children.
- Enhancing parent-child relationships.
- Managing stress, anger and emotions.
- Strategies to resolve conflict and create a parenting agreement.

Group discussion...

1. Speak to a course expert and get answers to some of the questions you might have
2. Talk about how the strategies are going at home.
3. Address other difficulties relating to your relationships.
4. Hear from others about what works for them.

To find out more scan QR code or email sfscparent@racefound.org.uk

ENFIELD COUNCIL | YOUTH & FAMILY HUB | HELPING CHILDREN, YOUNG PEOPLE AND FAMILIES THRIVE

strengthening families
strengthening communities

How to Register

- 1 Go to: www.strengthening-families.net/parenting-courses
- 2 Select an age range for your course
- 3 Select a day of the week and time for your **group discussion** from the options available
- 4 Complete your contact details
- 5 Answer a short questionnaire
- 6 Click on 'Your profile' and you can start your course

If you need any help, email us at sfscparent@racefound.org.uk

ENFIELD COUNCIL | YOUTH & FAMILY HUB | HELPING CHILDREN, YOUNG PEOPLE AND FAMILIES THRIVE



Highlands School Alumni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information, than former students!

We are working with education charity Future First to set this up, and all you need to do to get involved is sign up here: [Highlands School Alumni](https://www.futurefirsthub.org.uk) or alternatively scan the QR code below.

More information is on our [website](#) and if you have any questions please contact our Alumni Programme Manager at Future First: Faithia Garffus – faithia.garffus@futurefirst.org.uk

#HighlandsAlumni



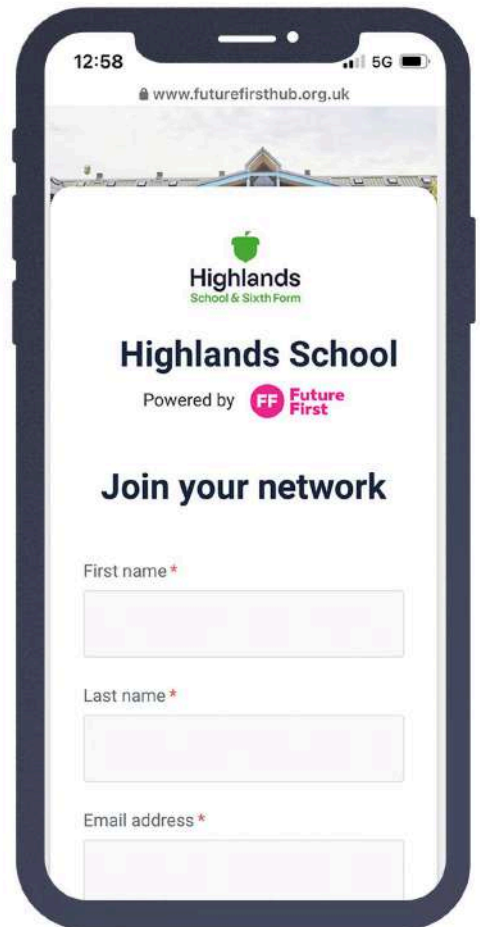
Scan the QR code to join the Alumni network

Former student?

Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.





Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](#)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
South West London	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

shout
85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

Urgent and other support available

childline
ONLINE, ON THE PHONE, ANYTIME

Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

kooth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Sign Health: <https://signhealth.org.uk/contact/>

Deaf young people: <https://signhealth.org.uk/with-deaf-people/supporting-young-people/>

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

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